SHELTER

The Bowery Mission
90 Lafayette Street
(212) 226-6214
  • Intake for women: 3 p.m.
  • Intake for men: 4 p.m.

Department of Homeless Services Intake
Bellevue Hospital
400 1st Ave & 30th Street
Intake for men at all times.

Franklin Shelter
1122 Franklin Avenue
Intake for women at all times.

MEALS

The Bowery Mission
227 Bowery
(212) 674-3456
All meals served to-go style
  • Breakfast: 8 a.m.
  • Lunch: 1 p.m.

Any NYC resident can get three free to-go meals a day at more than 400 Meal Hubs across the city through the NYC Department of Education. Manhattan Meal Hubs listed below will operate for children and families from 7:30 - 11:30 a.m., and for adults from 11:30 a.m. - 1:30 p.m., M-F.

M.S. 131
100 Hester Street

P.S. 130 Hernando De Soto
143 Baxter Street

New Design High School
350 Grand Street

P.S. 002 Meyer London
122 Henry Street

P.S. 042 Benjamin Atman
71 Hester Street

P.S. 142 Amalia Castro
100 Attorney Street
DROP-IN CENTERS

Mainchance
120 East 32nd Street
(212) 679-4527
Open 24/7

Safe Horizon LES
33 Essex Street
10 a.m. - 5 p.m., every day except Wed

Antonio Oliveri
257 West 30th Street
(212) 947-3211

SHOWERS & CLOTHING

Maryhouse
55 East 3rd Street, between 1st & 2nd Avenue
(212) 777-9617
For women only. Clean clothing provided after showers.

The Bowery Mission
227 Bowery
(212) 674-3456
Tu & W (men only) and F (men and women) Sign up takes place at 6:45 a.m. on the day of the program. Clean clothing provided after showers.

All Angels
251 West 80th Street
(212) 362-9300
8 a.m. - 2 p.m., Tu & Th
Showers for men and women.

MEDICAL CARE

Project Renewal Clinic at Third Street
8 East 3rd Street
(212) 533-8400 x 165
8 a.m. - 4 p.m., M-F

COVID-19 Emotional Support Hotline
(844) 863-9314

NYC Well: For Emotional Support Needs
(888) NYC-WELL (888-692-9355)

Text COVID to 692-692 for NYC COVID Updates
EVICATION PROTECTION & RENT SUPPORT

Homebase
Visit [nyc.gov/homebase](nyc.gov/homebase) or call 311

Services to prevent eviction, assistance obtaining public benefits, emergency rental assistance, education and job placement assistance, financial counseling and money management, short-term financial assistance and help relocating are provided. Reach out before you are forced out of your home.